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Canadian International Development Agency

Agence canadienne de développement international

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Learning Objective

PURPOSE To increase awareness and understanding among junior

and middle school-aged children of the realities facing

people, especially children, in many countries in the world, as

well as the steps that will improve their quality of life.

OBJECTIVES By the end of this session, participants will be able to:

- 1) explain and link many of the causes of poverty and suffering
- 2) identify and explain the basic rights that children everywhere have
- understand what is being done to improve the lives of children and their families, including the role that youth can play here in Canada

Workshop Outline with Timings -- 3×50 -minute classes = 150 mins.

Part I + Part II 50 mins
Part III + Part IV 50 mins
Part V + Part VI 50 mins

PART I INTRODUCTION 1. Opening Exercise 2. Introduction of Topic 3. Red Cross and Development	7 5 3	mins.
Debriefing the Game Experience	D GAME 35 15 10 10	mins.
2. An Ideal World for Children in the Future	30 10 10 10	mins.
PART IV RIGHTS OF THE CHILD 1. Convention on the Rights of the Child (CRC) 2. Multimedia Slide Show	20 15 5	mins.
2. Millennium Development Goals (MDGs)	40 10 10 20	mins.
PART VI CONCLUSION 1. "Check Your Pockets" 2. Taking Action /Closure	7 3	min

Notes to the Facilitator

Poverty, disease and the lack of basic needs and rights in the South or developing countries robs people of their future, especially children... A normally healthy subsistence farmer falls victim to disease that is easily preventable in the industrialized world; he can no longer work, so his family goes hungry...

A girl, denied schooling, doesn't learn to read ... but she also doesn't learn about her body and her rights, limiting her chances of breaking the cycle for her and her future family.

A country burdened with internal conflict, international debt and unfair trade conditions is unable to commit adequate money to the healthcare, education and social welfare of its people

A family with no access to work, credit or land must make unhealthy choices that will affect the ability of the next generation to find meaningful solutions to their chronic vulnerability.

These are not isolated or exaggerated scenarios — roughly 1.3 billion people must survive on less than one dollar a day ... and a similar number on only two dollars a day.

What happens during this workshop?

The **Development Ups & Downs** workshop has been designed for junior or middle school-aged-participant. The version outlined here consists of three 50-minute lessons, but the workshop could be done in various units.

<u>Part I and II</u> The workshop begins with a warm up activity—a role play situated in a real country with real people—to set the stage for the examination of people in the South and the development process itself.

Participants then play a board game, **Development Ups & Downs** (similar to *Snakes & Ladders*), played for 12 minutes in small groups. This experience puts students inside the daily lives of men, women and children in a lesser industrialized country. Through playing, they will discover many of the realities connected to health, education, nutrition, gender, debt, aid, work, and conflict.

<u>Part III and IV</u> They then do exercises that get them to imagine and reflect on the quality of life they have—and from there, identify what are the basic needs a person, especially a child, has.

This is linked in to an examination of the Convention on the Rights of the Child, helping students to see that children have an promise from almost all nations to be guaranteed a quality life.

<u>Part V and VI</u> Through a group exercise and a worksheet, students will then explore the UN Millennium Development Goals for 2015, which are aimed at providing a better life for children, their families and their communities.

Finally, participants are asked, in a fun way, to identify their relative wealth and good fortune, compared to many in the world—followed by a brainstorm on taking action, locally and globally, individually and together.

Facilitator's Tools

Your tools for the *Development Ups & Downs* session are the Facilitator Guide, the board game, the handouts, PowerPoint slides, the worksheet and the answer sheet. They contain everything you need to facilitate this training workshop.

Facilitator Guide

The Facilitator Guide is your reference tool. In order for the training to proceed smoothly, it is essential that you use the Guide in both your preparation process and workshop facilitation. It outlines the training sequence, as well as suggestions for your interventions. It includes the following elements:

Top of page:

- · Title of the section
- Duration of the section

Left column:

- Topic
- Approximate duration
- Material required for the topic

Right column:

- Learning activities: instructions for addressing topics, questions to ask, answers sought, key points to emphasize
- Speaking points are bulleted, whereas instructions to the facilitator are not.

Symbols Used





Flipchart



Handout



Slide / Overhead / Visual

List of Required Materials

Material

- "Mariama' scenario strip
- Tape
- 'Development Ups & Downs' game boards
- Dice + game pieces
- Larger sheets of blank paper
- MDG Fact strips
- · 'Lucky Ones' script

Handouts

- No 1: 'Mariama' Global Portrait
- No 2: Glossary
- No 3: Oval diagram—Problems
- No 4: UN Convention on the Rights of the Child
- No 5: Millennium Development Goals / Fact Worksheet
- No 6: InfoAction

Slides

- Sierra Leone Map
- Workshop Title
- Millennium Development Goals

Topic / Duration / Materials

Learning Activities

OPENING EXERCISE



Duration: 7 mins

Materials:

- 'Mariama' scenario



Slide No 1 Sierra Leone Map



Handout No 1 'Mariama'

A Global Portrait (Scenario)

Before the workshop begins, cut the 'Mariama' scenario from the Global Portrait handout and tape it under a desk or chair.

Ask the students to look under their desk ... Then ask the 'winner' to stand up and read the scenario, as "Mariama", clearly and slowly.

Ask "Mariama" a few questions:

- What are the basic solutions to the health problems this village faces?
- Do you think it is possible to immunize every child on earth? What is stopping us?

Then ask some (or all) of these questions to the whole group, accepting answers from anyone.

 How can children die of such a harmless condition as diarrhoea?

(Students can explain reason with many factors. eg. literal medical explanation or a more subjective explanation which draws on social issues)

- Why doesn't the Sierra Leone government provide Mariama and the other children in her village with access to immunization programs, clean water and adequate sanitation? Why do you think immunization is not a high priority? What possible conditions exist within the country?
- These are some of the situations, among many, that this workshop will explore.

Topic / Duration / Materials

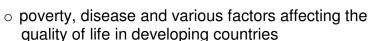
Learning Activities

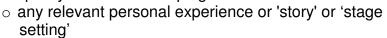
INTRODUCTION OF TOPIC

Introduce the **topic**—"Development Ups and Downs"



Duration: 5 mins







Provide some brief **background**—the "good news" and the "bad news".

- We are making progress—hundreds of millions of people are living better lives than ever before.
- However ... almost half of humanity is affected by war, disaster, poverty, disease or social unrest of some kind;
- ... and the gap between those that "have" and those that "don't have" is widening.
- one billion people are living in extreme poverty, barely surviving on less than one dollar a day, according to the UN.
- What does that mean? Households cannot meet basic needs to survive, and thus:
 - are chronically hungry
 - o are unable to get health care
 - o have no safe drinking water and sanitation
 - o cannot afford education for their children
 - perhaps lack even basic shelter—a roof to keep the rain out
 - and lack basic articles of clothing, like shoes.
- Over 2.5 billion people must live on less than two dollars a day—meaning that basic needs are met but just barely.

Duration: 3 mins

RED CROSS AND DEVELOPMENT

• What do you think of when you think about the Red Cross?

Topic / Duration / Materials	Learning Activities
	The Red Cross is best known for humanitarian protection and assistance to victims of war and disaster.
	But the Canadian and International Red Cross focus on providing impartial assistance to vulnerable people individuals, households or communities "at risk" from situations related to injury, illness, abuse, neglect, violence, disaster and/or deteriorating socio-economic conditions.
	There are over 185 Red Cross or Red Crescent Societies in the world—and much of what we will be exploring in today's workshop concerns Red Cross activities in many of those countries

Topic / Duration / Material	Learning Activities
	PLAYING THE BOARD GAME
Duration: 15 min Material:	Playing the board game will generate the 'experience' of living in a rural setting in a lesser industrialized country. Put participants into groups of three —if numbers don't work out evenly, go with some pairs, rather than groups of four, as it keeps students engaged. (With four players, there is too much time between turns.)
- Development Ups & Downs board games	Downloading Board Game You have access to both a colour and a black and white version of the board,
- Dice	depending on your printing capacity.
- Board markers (for each player)	 For either version: Print each of the four quadrants (8 ½ x 11) that make up the board game. Trim and tape the four sheets together, giving you a board that measures approximately 20" x 15" It is advisable to laminate the boards, if you want to us them on an ongoing basis.
	Directions Tell participants that they are about to have an experience of living in a village somewhere in the lesser industrialized world: • 3,000 people • agriculture is the basis of most economic activity • some cottage industries (crafts) • not close to large urban centre • hot, dry climate • recent civil conflict in this country
	Explain the rules of the game. Many people have probably played 'Snakes & Ladders' at sometime in their childhood. Have the groups read along the instructions with you BEFORE you give out the dice.
	As participants play the game, they might tend to get caught up in the competition of winning. Impress on them that it is not a race, and there are no winners or losers.

Topic / Duration / Material	Learning Activities
	Encourage them to carefully read and take in the events that happen to them at each turn. It is useful for everyone to read the square information out loud when they land on it — and to read both the 'ODD' and 'EVEN' possibilities BEFORE they throw again.
	Let them play in groups of three (with some two's if numbers don't work out evenly n three's) for about 12 minutes—long enough to provide the 'experience' that we will work with, both in the initial stage of debriefing and the subsequent activity. Playing for any longer will not yield any more benefit—and it is good to move on while the participants are still excited about the game's content.
Handout No 2 Glossary	Give students the glossary of terms that might need some explanation—and add to it, if necessary, according to the group's level
	DEBRIEFING THE GAME EXPERIENCE
	Hot Debriefing
Duration : 10 min	How was that experience?
Daration: 10 mm	How many reached the end?
	What surprised you?Anybody else?
	What other experiences did you have? Were you frustrated? Why?
	Were you frustrated? Why?What kinds of 'cycles' did you get caught up in?
	What role did "chance" play? In other words, was life 'fair'?
	• In a few minutes we will explore the negative things that happened to you
	But for now, let's explore some positive things that bannaned to you?
	happened to you?What were some beneficial events in your life?
	Do you think the game reflects some of the realities of village life?
	PROBLEMS AND CHALLENGES
Duration: 5 mins	This brief step involves providing participants a diagrammatic summary of the problems they faced during the game.

While the participants are playing the game, write **three headings** on the board and put two of the more obvious items under each heading.

For example:

Medical / Health care diseases, unsafe water

Economic lack of land, no jobs

Social Conditions war, children leave school

Ask students work in small groups to collectively — and quickly — contribute as many other problems as they can! Write them on the flip chart as they come up, placing them in the appropriate category.

After their ideas are exhausted, give out the Oval Diagram for students to consider.

 What we have diagrammed here is, in a way, the probable future i.e. if nothing changes, this will be the reality for these people tomorrow, and the next day, and so on...





Topic / Duration / Materials	Learning Activities
	A PERFECT SUMMER DAY
Duration: 10 min	Some of the following activities on needs and child rights have been taken and adapted from the United Nations cyber school bus website. http://www.cyberschoolbus.un.org/crc/index.html.
	Quietly think back to last summer (or earlier summers) and try to envision a perfect summer day.
	If you took a picture of this day, what would it look like?
	 What would you be doing? Who would you be with? How would you feel? What senses beyond vision / sight would be involved?
	Try to capture your thoughts in one paragraph, as if you had to somehow capture this moment in a single image.
	AN IDEAL WORLD FOR CHILDREN IN THE FUTURE
Duration: 10 mins	 Once you've written about your vision of a summer day, turn to a couple of classmates sitting next to you and share your memory. Discuss any similarities and differences.
Materials:	Together, on a large sheet of paper, make a list of
- Larger sheets of paper	common characteristics of a perfect summer day.
ραροι	 Ask each other to imagine an ideal world for children in the future. What would it look like? Anything like your perfect day? What would children be doing? How would children feel in this world?
	Ask each other to imagine the things that are essential to ensuring the well being of children in this world you envision. Together, brainstorm a list of these "childhood essentials."

Topic / Duration / Materials	Learning Activities
	NEEDS AND WANTS
Duration: 10 mins	Which items on your list are <i>needs</i> ? — things that you need to survive
	[food, water, shelter, proper sanitation, clothing, medical care]
	Which items are <i>preferences or wants</i> ? —things you would like to have but could do without.
	 Are there any items that may not necessary to physically live, but which are key to a successful, full life?
	[education, play/'fun time', beliefs, being listened to, protection]
	Why do some children both in poorer countries and here in Canada not have their needs met?
	[poor economy, no jobs, damaged environment, discrimination, violence, war]
	Do children have a right to have all their needs met?

Topic / Duration / **Learning Activities Materials** CONVENTION ON THE RIGHTS OF THE CHILD (CRC) The UN has created the Convention on the Rights of the Child—signed by almost every nation on earth— **Duration**: 15 mins that describes children's needs and explains that every child has the right to have these needs met- and everyone under 18 years of age has these rights. Carefully read over the Convention on the Rights of the Child. Are there any articles in the Convention that match your memory of a perfect summer day? Handout No 4 Rights of the Child Are there any articles in the CRC that match your vision of a perfect childhood world in the future? Try to draw parallels to the childhood essentials you brain-stormed as a group. The 189 nations that have signed the Convention on the Rights of the Child have made a promise—a *legal* promise— to give the children of their country all the rights outlined in the convention. After this final group activity, a representative from your group should go to the chalk board and list your childhood essentials which were rewritten into guidelines and their parallel rights from the Convention on the Rights of the Child. Close this activity with a general discussion of how their memories, experiences, childhood essentials, and visions are related to the standards of human rights for children. MULTIMEDIA SLIDE SHOW NOTE: If you have access to the internet and the ability to project something for all to see in your classroom, Show "a **Duration**: 5 mins Multi-media Interpretation on the Convention" by Magnuminmotion on the UN Cyberschool bus site, 'CRC in

Motion' http://www.cyberschoolbus.un.org/crc/index.html

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Topic / Duration / Materials	Learning Activities	
waterials	WHAT THE WORLD IS DOING	
Duration: 10 mins	At the UN in 2000, 189 Heads of State Governments pledged to work together to make a better world for all by 2015.	
Materials:	On behalf of their people, they signed the Millennium Declaration, which promises to free men, women and children from the dehumanizing conditions of extreme poverty and make the right to development a reality for everyone—to help make real the rights guaranteed in the Convention on the Rights of the Child.	
- cut up facts	From the MDG / Fact worksheet, cut up and give pairs of students a fact (from right column) supporting the need for a MDG. Based on the fact, ask students to guess and write in their own words the goal that will achieve this fact.	
	Ask pairs to read aloud their fact and goal response.	
	MILLENNIUM DEVELOPMENT GOALS WORKSHEET	
Duration: 10 mins	Hand out the MDG/ Fact worksheet for students to complete.	
	Ask participants to look at the UN Millennium Development Goals for 2015.	
Handout No 5 MDG / Fact	 These are quite common sense—and represent the possible world envisioned by the UN. We in Canada / industrialized countries have already largely reached these basic goals. These are the same goals the world failed to reach for appear. 	
Worksheet	 2000. Do these solutions make sense? Would these solve some of the problems you faced in 	
Slide No 3 MDGs	the board game?	

Topic / Duration /	Learning	Activities	
Materials	9		
	LINKING IT BACK TO THE BOARD GAME		
	Arrange students in small grou	ups (3-4).	
Duration : 20 mins	Pick one MDG and apply in during the board game.	t something that happened	
	Identify the problem, think problem (cause and effect connected to the MDG—ir game—and drawbacks of), possible solutions ncluding ones from the board	
	Students should record their to and format their ideas in a T c	0 1 1	
	Millennium Dev	velopment Goal	
	Problem / Situation	Solution	
	Ask groups to present their ide their feedback.	easand the class to give	
	Possible resource for familiarizing o http://cyberschoolbus.un.org/mdgs/gord=about		

VI Conclusion 10 minutes

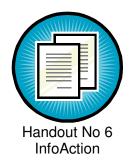
Topic / Duration / Materials	Learning Activities
	"CHECK YOUR POCKETS"
	How many of you consider your family wealthy?
Duration : 7 mins	Ask them to look in their wallet or pocketsor think about what they might have in their knapsacks or school bags.
	Can someone tell me one thing you have?some money.? OK, how many have some money?
	Can someone else tell me another thing?and another?
	Some of the items you will 'fish' for are: bank card money library card student card cell phone / other electronic devices gym / rec centre card bus pass / tickets books food
Materials: - We are the Lucky Ones	Ask them what these things mean or represent in our lives. For instance:
	Now read out "We are the Lucky Ones" passagepointing out that our position puts us into a situation to be able to help.
	OPTION : You could also distribute and talk about a version of the handout " If the world were a village of 100 people " (easily available on the internet) — and there is also a YouTube cartoon version that you could show.

Topic / Duration /
Materials
Duration: 3 min.

Learning Activities

TAKING ACTION

What is the **Preferred** future for people everywhere—the future world we want for everyone and which we <u>are willing</u> to **help work towards?**



Offer students an **InfoAction** handout containing the "Where Can I Get More Information?" / "What Can I Do?" sections, which outline options available for continued learning, volunteering, and taking action locally to make a global difference.

Closure Finish by referring back to 'Mariama' from the opening exercise.

- How would her life would improve significantly if some of the solutions we have explored today were applied in her village.
- They might be large or small, often simple but not always easy to achieve.
- It is very important that we see and value the needs and rights of all people — and see how we can part of the solution.