"ᑲᒪᓕᐸ·ᑕᔭᓐ ᓗᐢᑕ ᑭᑐᑕᑕ·ᐃᓐ" ᒥ·ᐊᑦ ᑭᐢᑭᔑᒥ·ᐁ·ᐃᓐ ᑭᓭᐊᔭ·ᐊᒃ ᐅᒋ ᑭ·ᐁᑎᓗᒃ ᐃᓂᓂ·ᐊᐢᑭᔅ ᑕᔑᑫ·ᐃᓇ

CANADIAN RED CROSS

- ☐ ᐁᒪᔨᓇᑌᒃ ᑭᐯᔭᑯᑌ·ᐃᔨ·ᐃᓕᒃ ᑫᑕᑕ·ᐃᓐ ᐁᐃᐢᐱᓕᒃ ·ᐊ·ᐁᓕ·ᐃᓐ
- ☐ ᐊᓕᔨᐱᔾ (ᐯᔭᒃ ᑎᐸᐃᑲᓂᔥ ᐯᔭᒃ ᐊ·ᐁᓕᑲᓐ ᐅᒋ) ᑲᐊᑯᔨᒋᒃ ᑲᑕ·ᐁᓕᑕᑭᒃ ᑐᑯᓗᓕ·ᐃ ·ᐃᒋᐃ·ᐁ·ᐃᓐ ᓗᐢᑕ ᐱᑯ ᐊ·ᐊᔑᔥ ᐊ·ᐊᔨᑌ ᐊᓕᔨᐱᔾ ᑕᐱᑕᐃᑲᑌᓗ "ᑲᒪᓕᐸ·ᑕᓂ·ᐊᒃ ᓗᐢᑕ ᑭᑐᑕᑕ·ᐃᓐ" ᒥ·ᐊᑎᒃ ᑲᐃᔑ ᑕ·ᐁ ᑕ·ᑲᒃ (ᑕᐱᔥᑯᒻ ᐊᓕᔨᐱᔾ ᒍᒍᔥᐱ·ᐊᐱᐢᑯᓚᑲᒃ ᐅᒋ ᓗᐢᑕ ᐱᑯ ᐅᑐᑯᓗᓕᒥᒃ ᑲᑲᑕᐸ·ᐊᒋᑲᑫᑦ ᐅᒋ)᙮
- ☐ ᒥᒋᒻ 12 ᑭᓕ·ᑲᓂᔥᑲᐤ ᐃᓕᑯᒃ (ᐁᑲ ᑫᓕᔑ·ᐊᓇᑕᑭ ᑲᒥᒋᒥᔥᑲᑯᓚᓂ·ᐊᒃ, ᑲᒥᒋᒥᔥᑲᑯᓇᓗ·ᐊᐠ ᓂᒪ·ᐃᓂᔓ, ᑲ ᒥᓕ·ᑲᒋᑲᑌᑭ ᑲᒥᒋᒪᑲᒥᑭ)
- ☐ ᑲᐱᒪᐃᑲᔨᑦ ᓗᐢᑕ ᐱᑯ ᑲᐅᒥᓕᔥᑭ·ᐊᒃ ·ᐊᐢᑌᓕᒪᑲᒃ ᓗᐢᑕ ᐃᓚ·ᐊᒃ ᐅᓕᒥᔥᑭᔑᔕᒃ
- ☐ ᐁᒪᔨᓇᑌᒃ ᑲᑭᐢᑌᑕ·ᑲᑭ ᒪᔨᓇᔨ·ᐃᓇ (ᑐᑯᓗᓐ ᓗᐢᑕ ᒋᐢᑕᐃᑫ·ᐃ ᒪᔨᓚᐃᑲᓂᔥ, ᑐᑯᓗᓂ·ᐃ ᑌᐊᒪᓂᔥ, ᐃᓂ ᓕ·ᐃᑌᐊᒪᓂᔥ, ᑲᐃᔑ ᓂᑕ·ᐃᑭᓇᓂ·ᐊᒃ ᒪᔨᓚᐃᑲᓐ, ᑐᑯᓗᓐ ᒥᓕᑯ·ᐃᓐ, ᐃᔓᓇᓐᐢ, ᔓᓕᔭᓐᓇᔨᓚᐃᑲᓐ ᑲᐃᑕᔨ ᓇᑌᒃ, ᑌᓕᐳᓐ ᐊᑭᑕᓴ·ᐃᓚ ᑲᐃᑕᔨᓚᔪᒋᐠ ᑭᐯᔭᑯᑌ·ᐃᔨᒪᒃ)
- ☐ ᑲᐃᐢᐱᑕᔭᒃ ᐊᒋᐅ·ᐃᓇ (2-3 ᐃᓂᑯᒃ ᐯᐯᔭᒃ ᐊ·ᐁᓕᑲᓐ ᐊᒋᐅ·ᐃᓐ ᑲᑕᔑᒋᒃ ᐯᔭᑯᑌ·ᐃᔨ·ᐃᓂᒃ)
- ☐ ·ᐊᐢᑲᐃᑲᓂᒃ ·ᐃ·ᑲᑕᐃᑲᓇ
- ☐ ᔓᓕᔭᓐ (ᓚᐱᐢ·ᑲᒃ ᓗᐢᑕ ᑲᒪᔨᓚᐁ·ᑲᓇᓂ·ᐃᑦ)
- ☐ ᑐᑯᓗᓂ·ᐃ·ᐊᑦ (ᐯᔭᒃ ᐯᔭᑯᑌ·ᐃᔨ·ᐃᓕᒃ)
- ☐ ᑐᑯᓗᓇ
- ☐ ᑎᐱᓚ·ᐁ ᐊᐸᒋᓚ·ᐃᓕᔕ (ᓱᑉ, ᑭᒋᐢᑕᐱᑌᐅ·ᐃᓐ, ᑭᒋᐢᑕᐱᑌᐅ·ᐃ ᓱᑉ, ᐃᐢ·ᑫ·ᐃ ᐊᐸᒋᑕ·ᐃᓇ, ᐸᓵᑭᐅ·ᐃᓇ)
- ☐ ᒪᔨᓚᐁᑲ·ᓇᓐ ᓗᐢᑕ ᒪᔨᓚᐃᑲᓇᑎᒃ
- ☐ ᒪ·ᐊᒻ ᑲᑕ·ᐁᑕ·ᑲᒃ - ᓴᐢᑲᐅ·ᐃᓐ, ᐱᒧᑌᑲᑎᓂᑲᓐ, ᒪᐢᑭᔨ·ᐃ ᑌᑕᐳ·ᐃᓐ, ᔑ·ᐊᑲᒥ·ᑫ·ᐃᓐ ᑯᑕᐅᑎᔪ·ᐃᓐ ᓗᐢ ᑕ ᒋᐢᑕᐃᑲᓐ, ᐅᔥᑭᔑ·ᑲᐱᐢᑯ, ᒥᑕ·ᐊᔾ ᑕᐱᔥᑭᑲᓐ ᓗᐢᑕ ᐃᓚ·ᐊᒃ ᐅᓕᒥᔥᑭᔑᔕᒃ᙮ (ᑭᐢᑫᑕ: ᒧᓚ ᐅᐅ ᑫ·ᑲᓇ ᑕᐱᒋᑎᓗ "ᑲᒪᓕᐸ·ᑕᔭᓐ ᓗᐢᑕ ᑭᑐᑕᑕ·ᐃᓐ" ᒥ·ᐊᑎᒃ ·ᐁᓴ ᐁ ᐊᐸᑕᑭ ᑕᔑᓀ, ᑲᓚ·ᐁᓂᑕ ᑫᐃᔑ ᐸᔭᑌᐊ ᐢᑌᑭ ᓗᐢᑕ ᑭᑐᑕᑕ ᐃᐢᐱ ᐁᑭᑐᑌᔭᓐ)

ᑭᐢᑭᔑᒥ·ᐁ·ᐃᓚ:

- "ᑲᒪᓕᐸ·ᑕᓂ·ᐊᒃ ᓗᐢᑕ ᑲᑭᑐᑕᑕᔭᓐ" ᒥ·ᐊᑦ ᑕ·ᐁᑕ·ᑲᓐ ᑕᑐ ᐃᐢᐱᑕᔭᐤ ᓗᐢᑕ ᑲᐃᔑ ᑕ·ᐁᑕᒃ ᐯᐯᔭᒃ ᐊ·ᐁᓕᑲᓐ᙮
- ᐃᑌᑕ·ᑲᓐ ᐁᑲ ·ᐃᔥᑲᒻ ᒋᐸᑭᑎᓚᒪᓐ ᓇᑕᐤ ᐃᓕᑯᒃ ᑫᐃᐢᐱᒐᒃ ᑭᑐᑯᓗᓂᑦ ᒋᑲᓚ·ᐁᑕᒪᓐ ᐁᑲ ᓗᑕᐤ 10 - ᑭᔑᑲᐤ ᐁᑲ ᑭᒋ ᓗᑌᐸᓂᔭᓐ᙮
- ᑲᒥᓚᒪᑲᒃ ᑲᑭᑕᐅᓂᑯᓇᓂ·ᐊᒃ ᒥᑐᓂ ᑎᐸᑭᒋᑲᑌᐤ ᑎᐸᐯᔥᑯᒋᑲᓐ ᐃᓂᑯᒃ ᑫᑭ ᐳᔨᑕᓱᑦ ᐯᔭᒃ ᐊ·ᐁᓂᑲᓐ ᐯᔭᑯᑌ·ᐃᔨ·ᐃᓂᒃ᙮ "ᑲᒪᓕᐸ·ᑕᓂ·ᐊᒃ ᓗᐢᑕ ᑲᑭᑐᑕᑕᓗ·ᐊᐠ" ᒥ·ᐊᑦ ᑎᐸᑭᑌᐤ 40 ᑎᐸᐯᔥᑯᒋᑲᓐ ᐱᑯ ᒋᐃᐢ ᐱᒋᓂᑯᒃ᙮ (ᑐᑯᓗᓂ·ᐃ ᐊᐸᒋᑕ·ᐃᓇ ᑕᐱᔥᑯᒻ ᒪᐢᑭᔨ·ᐃ ᑌᑕᐳ·ᐃᓐ ᒧᓚ ᑎᐸᐯᔥᑯᑕᓂ·ᐃᓐ ·ᐃᓇ ᐅᐅ)

ᑭᔭᐱᒻ ·ᐃᑕᒪᑫ·ᐃᓐ ᑕᓐᑌ ᑫᑐᑕᒪᓐ ᓄᑦ·ᑲᐢ ᐃᔑ ·ᐊ·ᐁᓕ·ᐃᓐ ᓗᐢᑕ ᑫᐅᑎᓚᒪᓐ ᑭᔭᐱᒻ ·ᐃᒋᐃ·ᐁ·ᐃᓐ ᑫ·ᐃᒋᐃᑯᔭᓐ ·ᐊ·ᐁᓕ·ᐃᓂᒃ ᑫᑕᑕ·ᐃᓐ ᐁᒪᓕᐸᓂᒃ, ᐁᑯᔑ ᐃᑐᑌ: