Report

COVID-19

PAN-CANADIAN TRACKING STUDY

WAVE 4 | July 22 to July 28, 2020

Canadian
Red Cross

DATE 2020-07-31   **PROJECT NUMBER** 13088-012

Leger

CONTEXT AND METHODOLOGY

CONTEXT AND OBJECTIVES

CONTEXT

This tracking study is conducted to support Canadian Red Cross operations and strategies related to COVID-19. The study focuses on public perceptions about social and psychological impacts of COVID-19, with an emphasis on seniors. **This report presents survey results for WAVE 4 (W4)**.

HOW

A Web survey was conducted with a representative sample of 2,201 Canadians. Among them, **1,960 (87%) are recontacts who also answered the WAVE 3 survey** and 1,510 (66%) are recontacts followed since WAVE 1. All respondents were randomly selected from Leger's Web panel.

WHO

2,201 Canadians, 18 years of age and older, French- and English- speaking:

- **18 to 64** years of age: **1,010 respondents**;
- **Seniors** (65 years of age or over): **1,191 respondents** including **204 vulnerable seniors (VS)** who live alone and rated their health fair or poor before COVID-19.

LANGUAGE

French or English, based on the respondent's preference.

WHEN

Data collection for this study took place **from July 22 to July 28, 2020.** The Web-based interviews lasted an average of **6 minutes**.

WEIGHTING

Survey results were weighted according to gender, age, region, education, mother tongue, presence of children in the household and the fact of being a vulnerable senior (65+, living alone, etc.) in order to ensure sample representativeness, **according to the latest Statistics Canada census.**

HOW TO READ THIS REPORT

ROUNDING

Numbers in this report have been rounded out, but the numbers before rounding were used to calculate the sums presented. Therefore, these sums might not correspond to the manual addition of the rounded numbers.

SIGNIFICANT DIFFERENCES

Results presenting significant and relevant differences are indicated in a text box next to overall results.

*Percentages in **bold green** indicate a statistically **higher proportion** than other respondents. Percentages in **bold red** indicate a statistically **lower proportion** than other respondents.*

*Arrows pointing upward in bold green (↑) indicate a statistically significant **increase since W3**. Arrows pointing downward in bold red (↓) indicate a statistically significant **drop since W3**.*

SURVEY RESULTS

HEALTH <u>BEFORE</u> COVID-19 AND IN THE <u>PAST MONTH</u>

BEFORE

Q1A – In general, how would you have rated your health BEFORE COVID-19?
Base: All respondents (n=2,201)

NET EXCELLENT/GOOD
84%

NET FAIR/POOR
16%

62%↑

22%

14%

2%

Excellent

Good

Fair

Poor

PAST MONTH

Q1B – In general, how would you have rated your health IN THE PAST MONTH?
Base: All respondents (n=2,201)

NET EXCELLENT/GOOD
76%

NET FAIR/POOR
24%

58%

18%

20%

4%

Excellent

Good

Fair

Poor

5
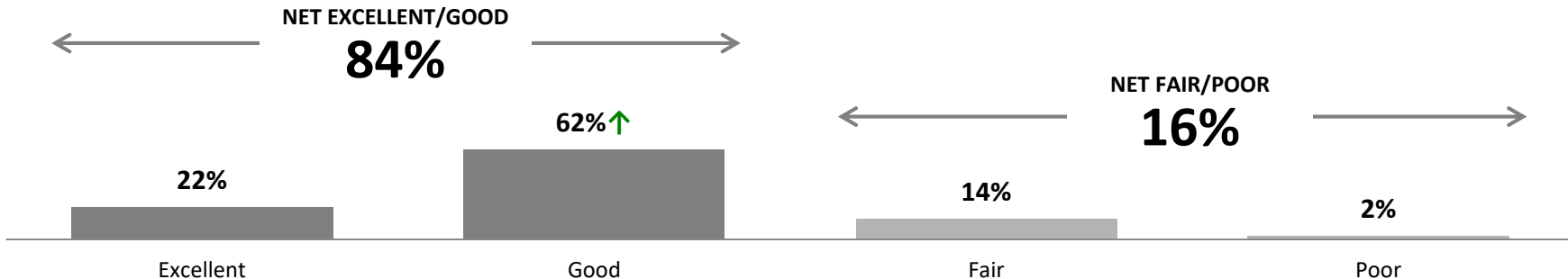
HEALTH <u>BEFORE</u> COVID-19 AND IN THE <u>PAST MONTH</u>
BY PROVINCE, AGE AND AMONG VULNERABLE SENIORS

BEFORE — Q1A – In general, how would you have rated your health BEFORE COVID-19? / Base: All respondents (n=2,201)

VULNERABLE SENIORS

	TOTAL	PROVINCE						AGE					VS	
		BC	AB	SK/MB	ON	QC	ATL.	18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	286	195	151	823	599	147	272	407	331	885	306	204	1,997
NET EXCELLENT/GOOD	84%	88%	81%	86%	81%↑	88%	79%	84%	85%	83%	85%	79%	-	85%
Excellent	22%	19%	20%	22%	18%	29%	21%	28%	19%	23%	19%	15%	-	22%
Good	62%↑	69%	60%	64%↑	63%↑	59%	58%	56%	66%↑	60%	66%	64%	-	63%↑
NET FAIR/POOR	16%	12%	19%	14%	19%↓	12%	21%	16%	15%	17%	15%	21%	100%	15%
Fair	14%	10%	19%	13%	16%↓	10%	17%	12%	14%	15%	13%	19%	83%	13%
Poor	2%	2%	1%	1%	3%	2%↑	4%	4%	1%	2%	2%	1%	17%	2%

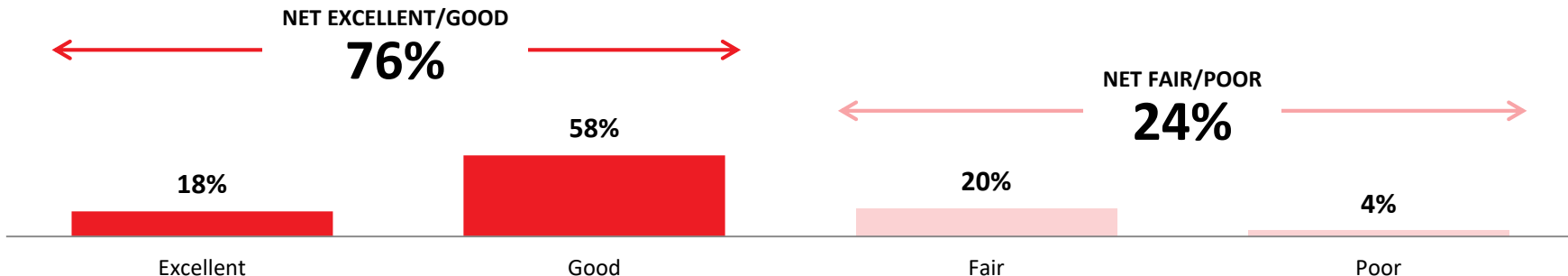**PAST MONTH** — Q1B – In general, how would you have rated your health IN THE PAST MONTH? / Base: All respondents (n=2,201)

	TOTAL	PROVINCE						AGE					VS	
		BC	AB	SK/MB	ON	QC	ATL.	18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	286	195	151	823	599	147	272	407	331	885	306	204	1,997
NET EXCELLENT/GOOD	76%	77%	72%	79%	72%	83%	71%	74%	75%	78%	79%	74%	1%	77%
Excellent	18%	14%	15%	21%	16%	24%	18%	23%	16%	19%	16%	14%	-	18%
Good	58%	64%	57%	58%	56%	59%	53%↓	52%	59%	58%	63%	60%	1%	59%
NET FAIR/POOR	24%	23%	28%	21%	28%	17%	29%	26%	25%	22%	21%	26%	99%	23%
Fair	20%	19%	27%	18%	22%	15%	25%↑	19%	22%	19%	18%	22%	77%	19%
Poor	4%	4%	1%	3%	6%	3%	5%	7%	3%	3%	3%	4%	22%	4%

HEALTH IN THE PAST MONTH
WAVES 1, 2, 3 & 4

Q1B – In general, how would you have rated your health IN THE PAST MONTH?
Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201) & Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% NET EXCELLENT/GOOD   ●─TOTAL   ●─Vulnerable Seniors

	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
TOTAL	78%	76%	77%	76%
Vulnerable Seniors	8%	9%	2%	1%
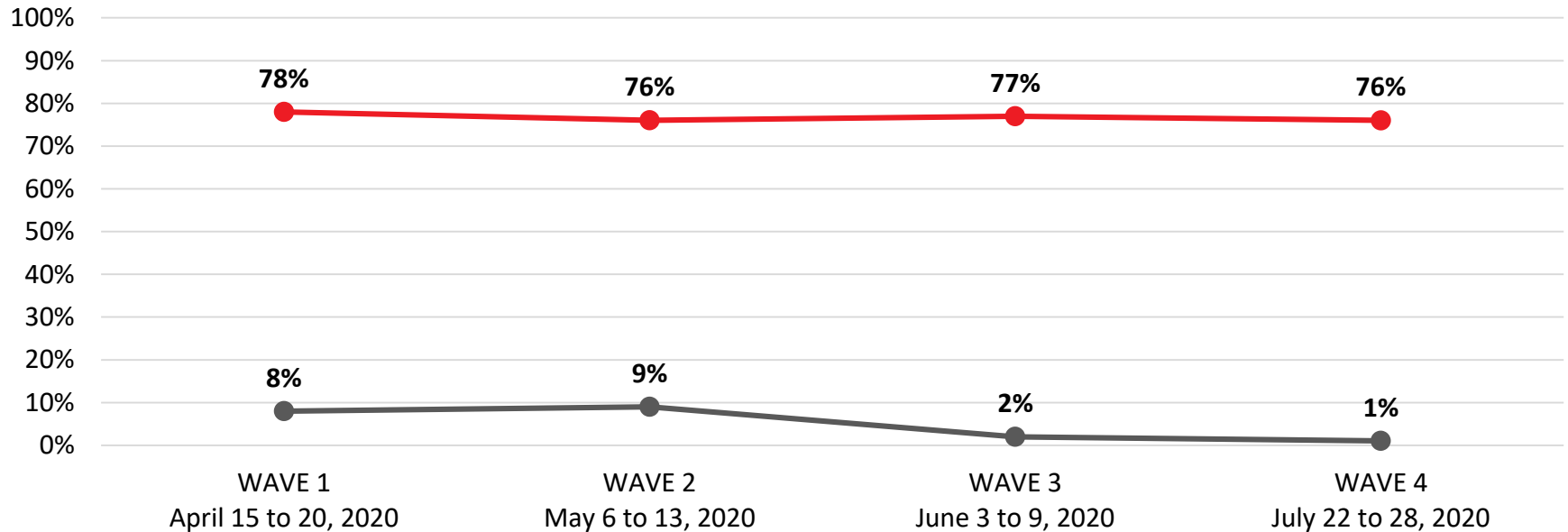
IMPACT OF HEALTH NEEDS ON FAMILY AND FRIENDS

Q2 – In the last 3 DAYS, have your family members or friends felt overwhelmed by your health needs?
Base: All respondents (n=2,201)

CANADIANS WHO THINK THEIR **FAMILY MEMBERS OR FRIENDS FELT OVERWHELMED BY THEIR HEALTH NEEDS IN THE LAST 3 DAYS** (% OF YES)
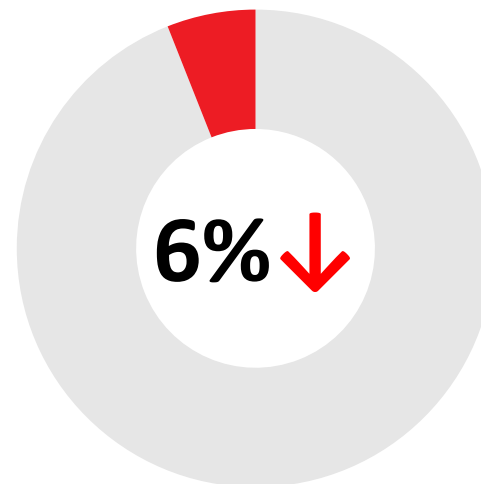
6%↓

		PROVINCE						AGE					VS	
	TOTAL	BC	AB	SK/MB	ON	QC	ATL.	18-34	35-54	55-64	65-74	75+	YES	NO
n=	*2,201*	*286*	*195*	*151*	*823*	*599*	*147*	*272*	*407*	*331*	*885*	*306*	*204*	*1,997*
YES	6%↓	4%	5%	2%↓	7%↓	5%	12%	10%	5%↓	4%	3%	6%	10%	6%↓
NO	94%↑	96%	95%	98%↑	93%↑	95%	88%	90%	95%↑	96%	97%	94%	90%	94%↑

IMPACT OF HEALTH NEEDS ON FAMILY AND FRIENDS
WAVES 1, 2, 3 & 4

Q2 – In the last 3 DAYS, have your family members or friends felt overwhelmed by your health needs?
Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201) & Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% YES

━●━ TOTAL **━●━ Vulnerable Seniors**

	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
TOTAL	8%	9%	8%	6%
Vulnerable Seniors	12%	9%	7%	10%
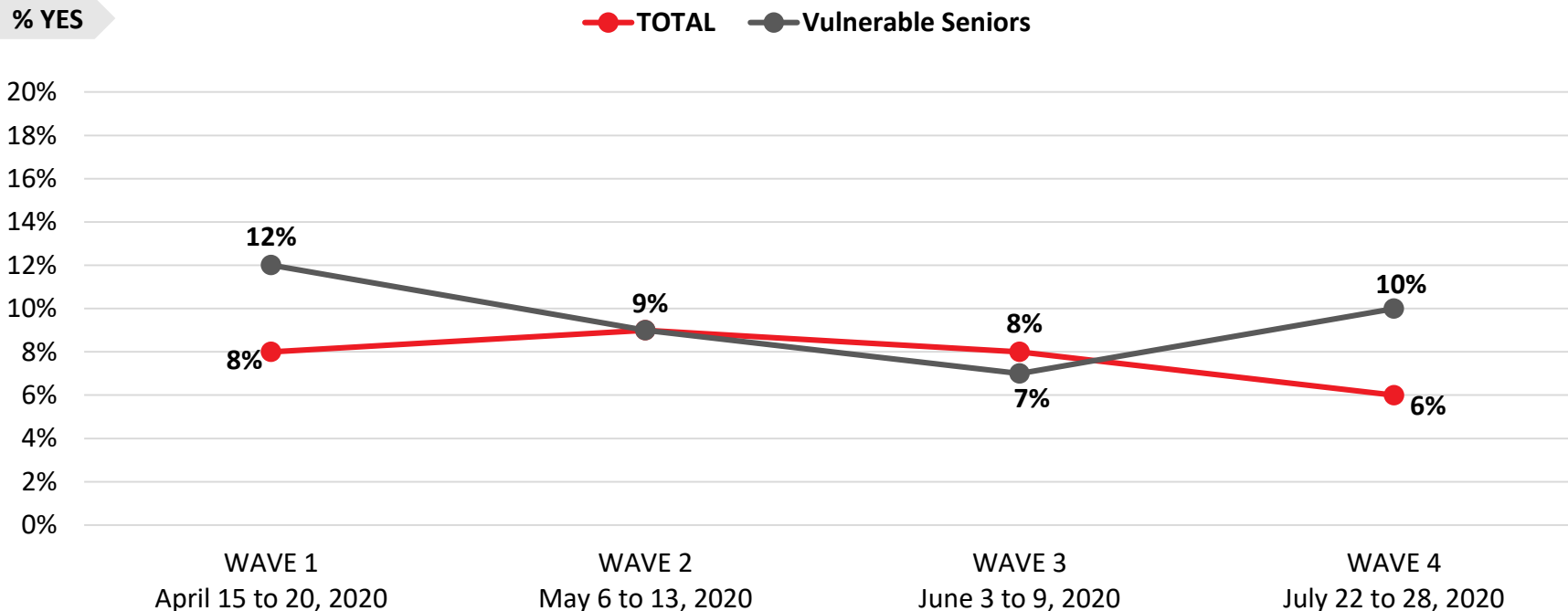
FEELINGS IN THE <u>LAST 3 DAYS</u>

Q3 – In the last 3 DAYS, how often have you felt…?
Base: All respondents (n=2,201)

Legend: ▪ Not in the last 3 days ▪ Not in the last 3 days, but often feel this way ▪ In the last 1-2 of last 3 days ▪ Daily in the last 3 days
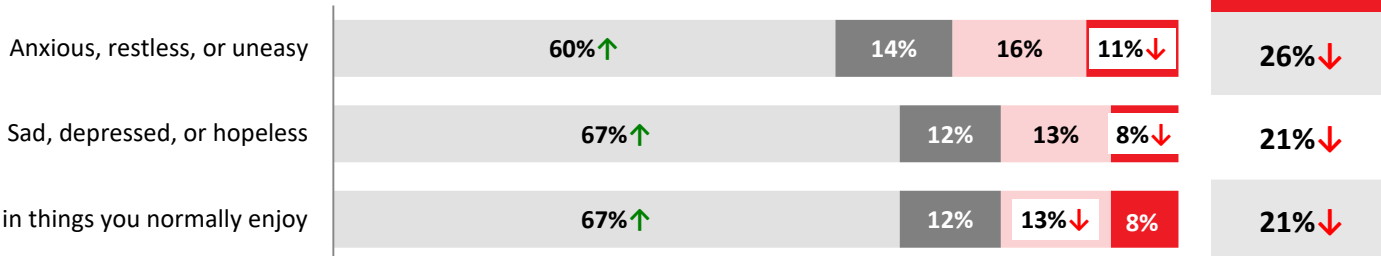
NET YES *(In the last 1-2 days + Daily)*

Feeling	Not in last 3 days	Not in last 3 days but often	In last 1-2 days	Daily	NET YES
Anxious, restless, or uneasy	60%↑	14%	16%	11%↓	26%↓
Sad, depressed, or hopeless	67%↑	12%	13%	8%↓	21%↓
Little interest or pleasure in things you normally enjoy	67%↑	12%	13%↓	8%	21%↓

% NET YES

| | TOTAL | PROVINCE | | | | | | AGE | | | | | VS | |
| | | BC | AB | SK/MB | ON | QC | ATL. | 18-34 | 35-54 | 55-64 | 65-74 | 75+ | YES | NO |
n=	2,201	286	195	151	823	599	147	272	407	331	885	306	204	1,997
Anxious, restless, or uneasy	26%↓	31%	37%	19%↓	27%↓	19%↓	28%	38%↓	27%	22%	16%	13%	29%	26%↓
Sad, depressed, or hopeless	21%↓	25%	24%	20%	22%	16%↓	21%	33%	21%	16%↓	11%	10%	22%	21%↓
Little interest or pleasure in things you normally enjoy	21%↓	21%↓	21%	18%	24%	16%	24%	31%	20%	21%	12%	12%	25%	21%↓

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FEELINGS IN THE <u>LAST 3 DAYS</u>
WAVES 1, 2, 3 & 4 | AMONG ALL RESPONDENTS

Q3 – In the last 3 DAYS, how often have you felt...?
Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201)

% YES *(In the last 1-2 days + Daily)*
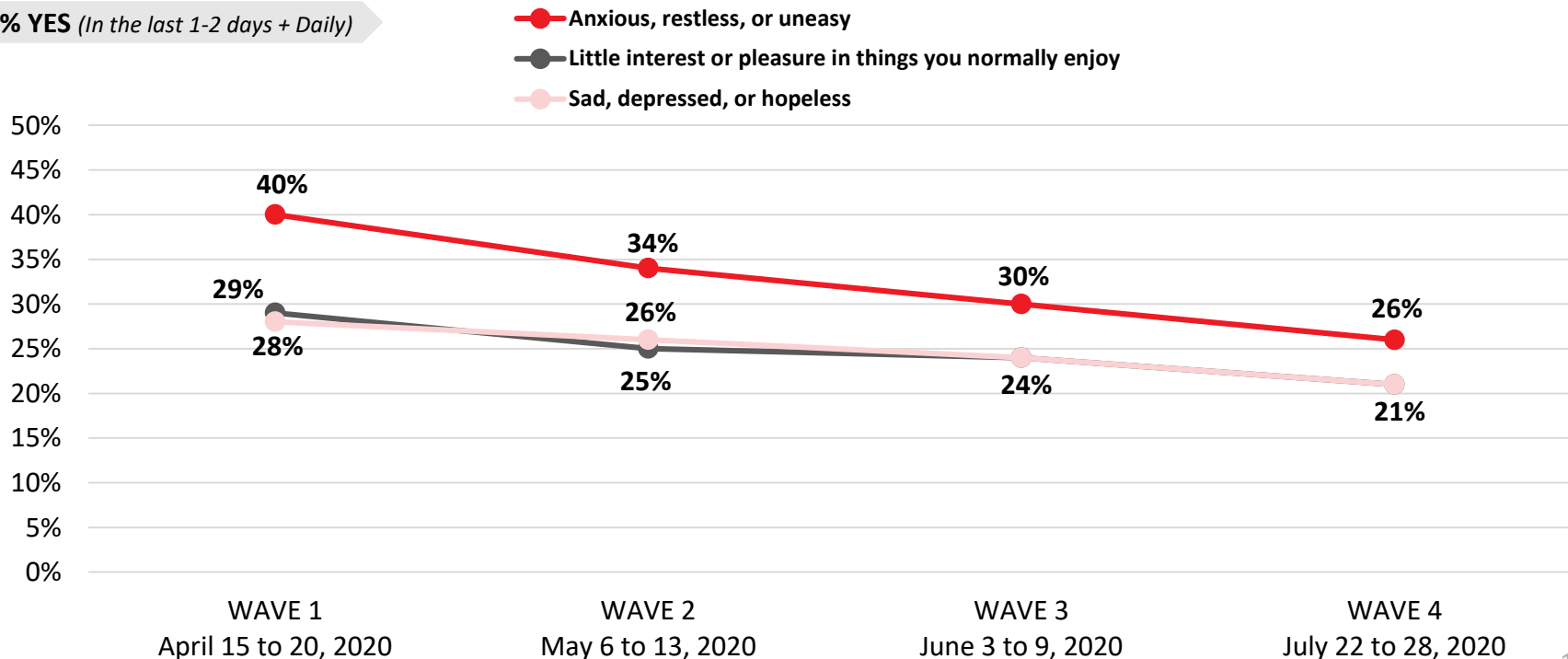
● **Anxious, restless, or uneasy**
● **Little interest or pleasure in things you normally enjoy**
● **Sad, depressed, or hopeless**

	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
Anxious, restless, or uneasy	40%	34%	30%	26%
Little interest or pleasure	29%	25%	24%	21%
Sad, depressed, or hopeless	28%	26%	24%	21%

FEELINGS IN THE <u>LAST 3 DAYS</u>
WAVES 1, 2, 3 & 4 | AMONG VULNERABLE SENIORS

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Q3 – In the last 3 DAYS, how often have you felt...?
Base: Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% YES *(In the last 1-2 days + Daily)*

— ● — **Anxious, restless, or uneasy**
— ● — **Little interest or pleasure in things you normally enjoy**
— ● — **Sad, depressed, or hopeless**

	WAVE 1	WAVE 2	WAVE 3	WAVE 4
Anxious, restless, or uneasy	34%	31%	23%	29%
Little interest or pleasure	18%	29%	22%	25%
Sad, depressed, or hopeless	27%	24%	20%	22%

WAVE 1
April 15 to 20, 2020

WAVE 2
May 6 to 13, 2020

WAVE 3
June 3 to 9, 2020

WAVE 4
July 22 to 28, 2020
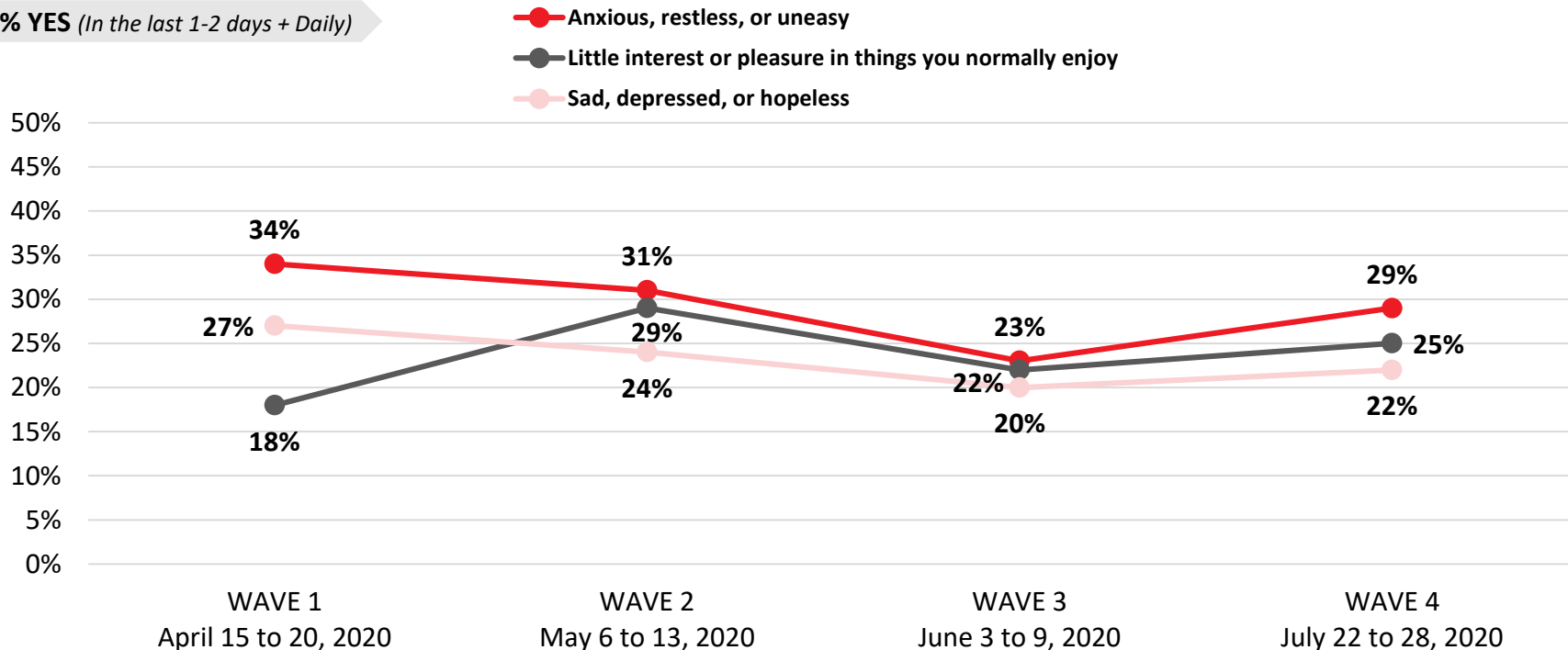
HOW OFTEN CANADIANS FEEL LONELY

Q4 – How often do you feel lonely?

Base: All respondents (n=2,201)

NET SPECIFIC SITUATIONS OR EVENTS/OCCASIONALLY
44%

NET FREQUENTLY/EVERY DAY
16%

40% — I do not feel lonely

21% — I only feel lonely in specific situations or events (for example, anniversary of a family member's death)

24% — I feel lonely occasionally, but less than weekly

11% — I feel lonely frequently, but less than daily

5% — I feel lonely every day

13
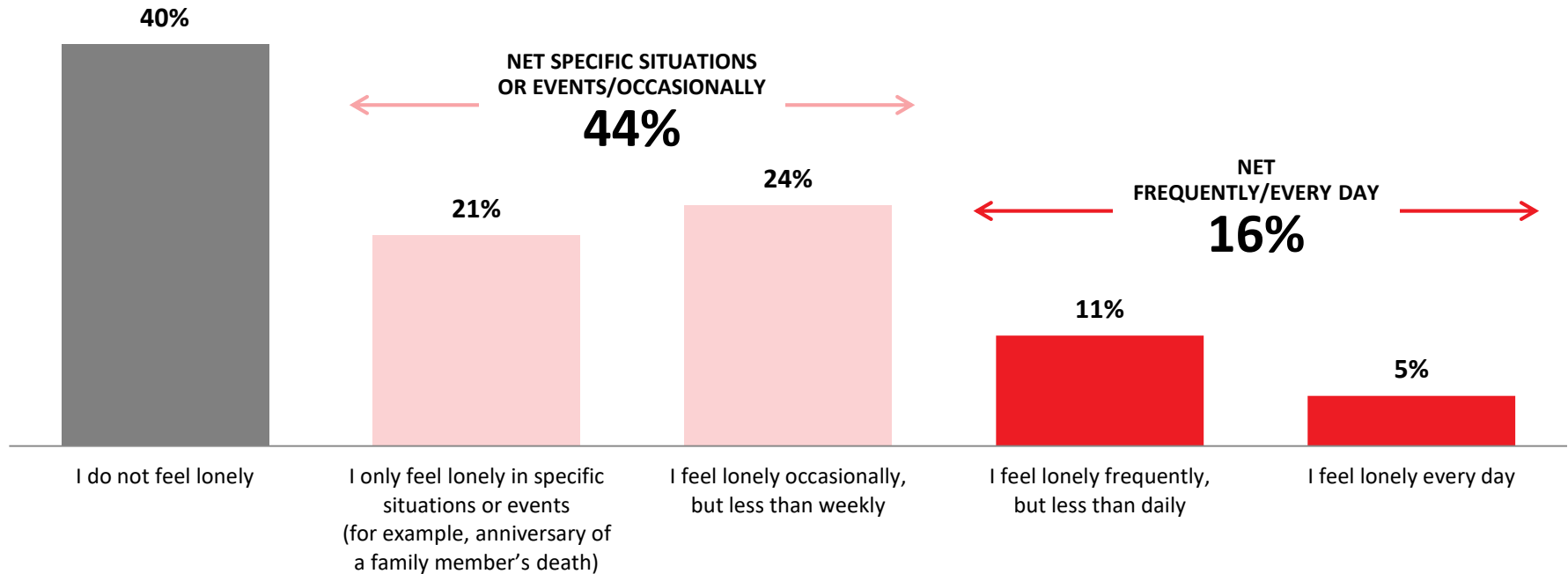
HOW OFTEN CANADIANS FEEL LONELY
BY PROVINCE, AGE AND AMONG VULNERABLE SENIORS

Q4 – How often do you feel lonely?

Base: All respondents (n=2,201)

	TOTAL	PROVINCE					
		BC	AB	SK/MB	ON	QC	ATL.
n=	2,201	286	195	151	823	599	147
I DO NOT FEEL LONELY	**40%**	**34%**	**31%**	35%	**46%↑**	43%	**31%**
NET SPECIFIC SITUATIONS OR EVENTS/OCCASIONALLY	**44%**	**50%**	**53%**	45%	**38%↓**	43%	**55%**
I only feel lonely in specific situations or events*	21%	21%	**28%**	23%	**18%**	21%	22%
I feel lonely occasionally, but less than weekly	24%	**29%**	25%	22%	**21%**	22%	**33%**
NET FREQUENTLY/EVERY DAY	**16%**	16%	17%	20%	16%	14%	14%
I feel lonely frequently, but less than daily	11%	10%	11%	16%	10%	13%	**8%↓**
I feel lonely every day	5%	6%	6%	4%	6%	**2%↓**	6%

	TOTAL	AGE					VS	
		18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	272	407	331	885	306	204	1,997
I DO NOT FEEL LONELY	**40%**	**23%**	40%	**46%**	**52%**	**53%**	**28%**	**40%**
NET SPECIFIC SITUATIONS OR EVENTS/OCCASIONALLY	**44%**	**50%**	45%	43%	**37%**	**37%**	40%	44%
I only feel lonely in specific situations or events*	21%	19%	22%	22%	19%	21%	**12%**	**21%**
I feel lonely occasionally, but less than weekly	24%	**32%**	23%	20%	**18%**	**17%**	28%	24%
NET FREQUENTLY/EVERY DAY	**16%**	**26%**	15%	**11%**	**11%**	**10%**	**32%**	**16%**
I feel lonely frequently, but less than daily	11%	**16%**	10%	10%	**8%**	8%	**21%**	**11%**
I feel lonely every day	5%	**10%**	5%	**1%**	**3%**	**2%**	**10%**	**5%**

* Examples given to respondents after this statement: (for example, anniversary of a family member's death)
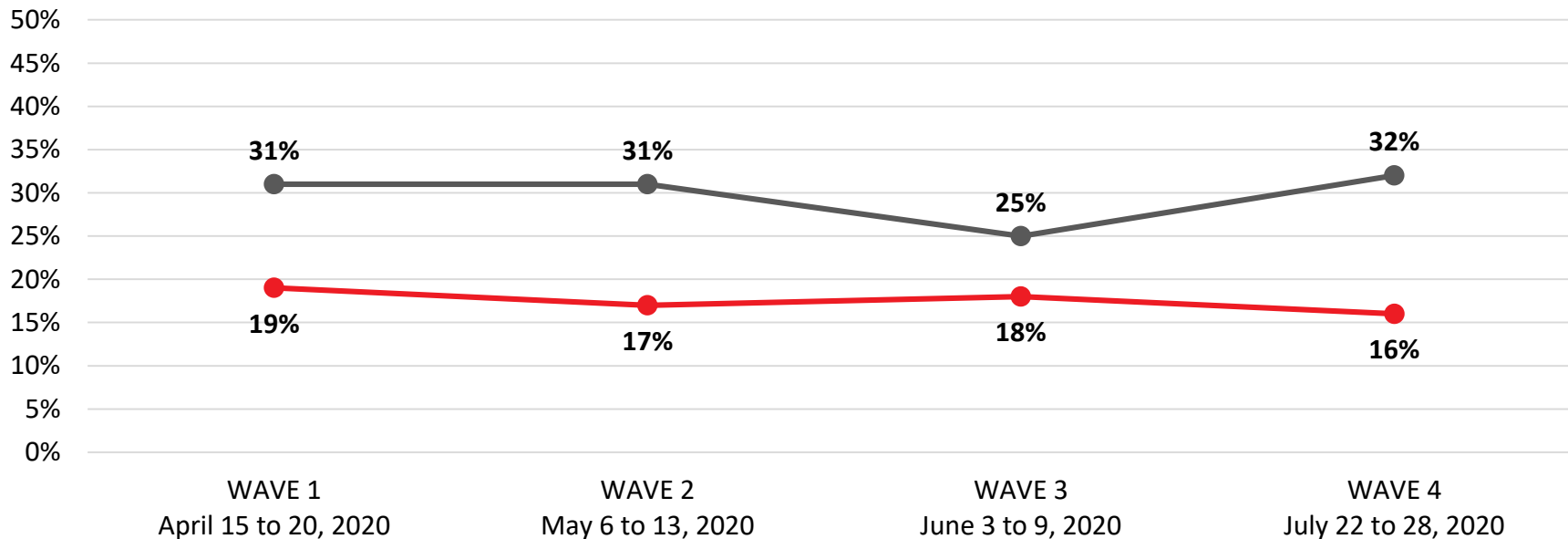
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HOW OFTEN CANADIANS FEEL LONELY
WAVES 1, 2, 3 & 4

Q4 – How often do you feel lonely?

Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201) & Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% NET FREQUENTLY/EVERY DAY — TOTAL — Vulnerable Seniors
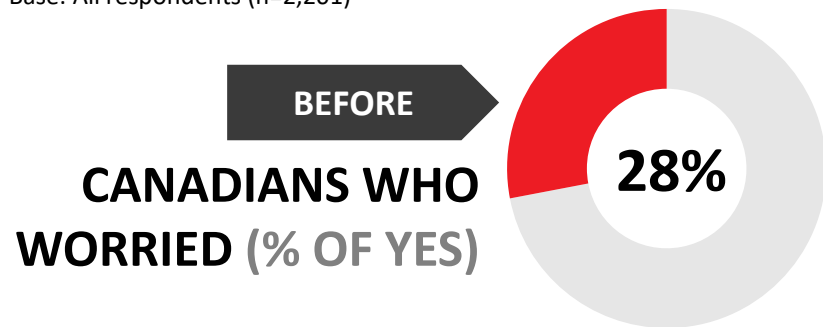
	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
Vulnerable Seniors	31%	31%	25%	32%
TOTAL	19%	17%	18%	16%

FINANCIAL SITUATION <u>BEFORE</u> COVID-19 AND <u>NOW</u>

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Q5A – BEFORE THE COVID-19 pandemic reached Canada, did you worry about making ends meet?

Base: All respondents (n=2,201)

BEFORE

CANADIANS WHO WORRIED (% OF YES)

28%

Q5B – Considering your CURRENT SITUATION, are you now worried about making ends meet?

Base: All respondents (n=2,201)

NOW

CANADIANS WHO WORRY (% OF YES)

36%

	TOTAL	PROVINCE					
		BC	AB	SK/MB	ON	QC	ATL.
n=	2,201	286	195	151	823	599	147
YES	28%	29%	32%	30%	29%	20%	30%
NO	72%	71%	68%	70%	71%	80%	70%

	TOTAL	AGE					VS	
		18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	272	407	331	885	306	204	1,997
YES	28%	32%	35%	20%	15%	16%	34%	27%
NO	72%	68%	65%	80%	85%	84%	66%	73%
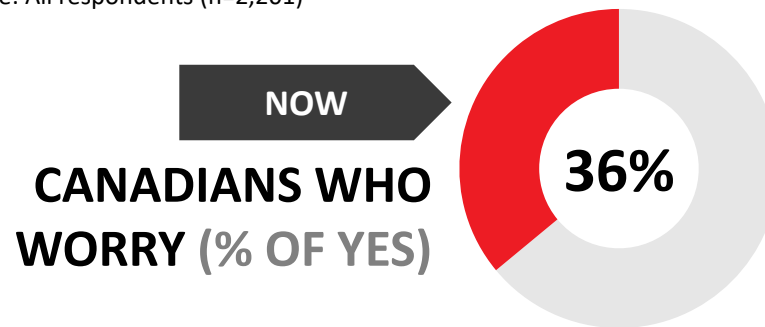
	TOTAL	PROVINCE					
		BC	AB	SK/MB	ON	QC	ATL.
n=	2,201	286	195	151	823	599	147
YES	36%	34%	44%	42%	41%	23%	31%
NO	64%	66%	56%	58%	59%	77%	69%

	TOTAL	AGE					VS	
		18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	272	407	331	885	306	204	1,997
YES	36%	40%	43%	32%	24%	18%	38%	36%
NO	64%	60%	57%	68%	76%	82%	62%	64%

CURRENT FINANCIAL SITUATION

WAVES 1, 2, 3 & 4

Q5B – Considering your CURRENT SITUATION, are you now worried about making ends meet?

Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201) & Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% YES

TOTAL **Vulnerable Seniors**

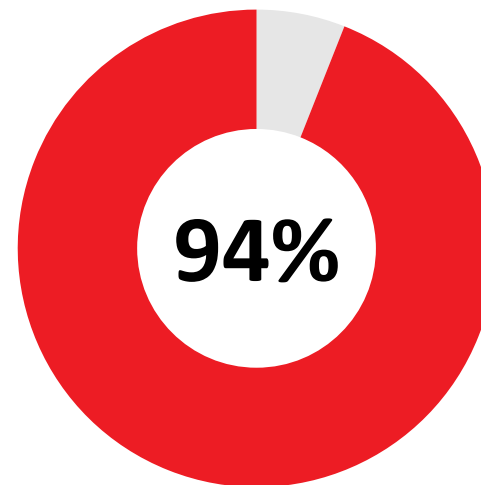|	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
TOTAL	46%	40%	37%	36%
Vulnerable Seniors	38%	42%	38%	38%
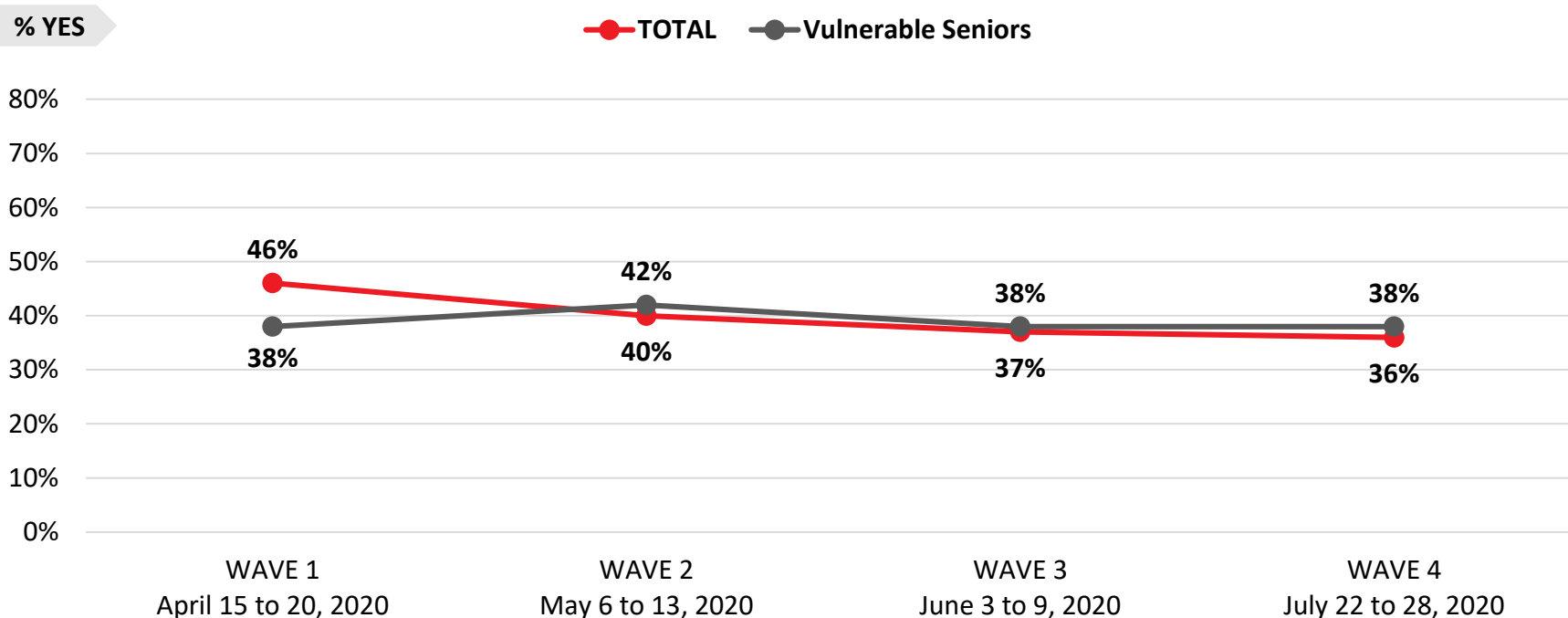
GETTING THE NEEDED FOOD AND MEDICATION

Q6 – Do you have a way of getting all of the food and medication you need every day?

Base: All respondents (n=2,201)

CANADIANS WHO HAVE A WAY TO GET **ALL THE FOOD AND MEDICATION THEY NEED EVERY DAY** (% OF YES)

94%

		PROVINCE						AGE					VS	
	TOTAL	**BC**	**AB**	**SK/MB**	**ON**	**QC**	**ATL.**	**18-34**	**35-54**	**55-64**	**65-74**	**75+**	**YES**	**NO**
n=	*2,201*	*286*	*195*	*151*	*823*	*599*	*147*	*272*	*407*	*331*	*885*	*306*	*204*	*1,997*
YES	**94%**	93%	96%	95%	94%	95%	96%	92%	93%	98%	97%	99%↑	94%	94%
NO	**6%**	7%	4%	5%	6%	5%	4%	8%	7%	2%	3%	1%↓	6%	6%

GETTING THE NEEDED FOOD AND MEDICATION
WAVES 1, 2, 3 & 4

Q6 – Do you have a way of getting all of the food and medication you need every day?

Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201) & Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% YES   ●━TOTAL   ●━Vulnerable Seniors

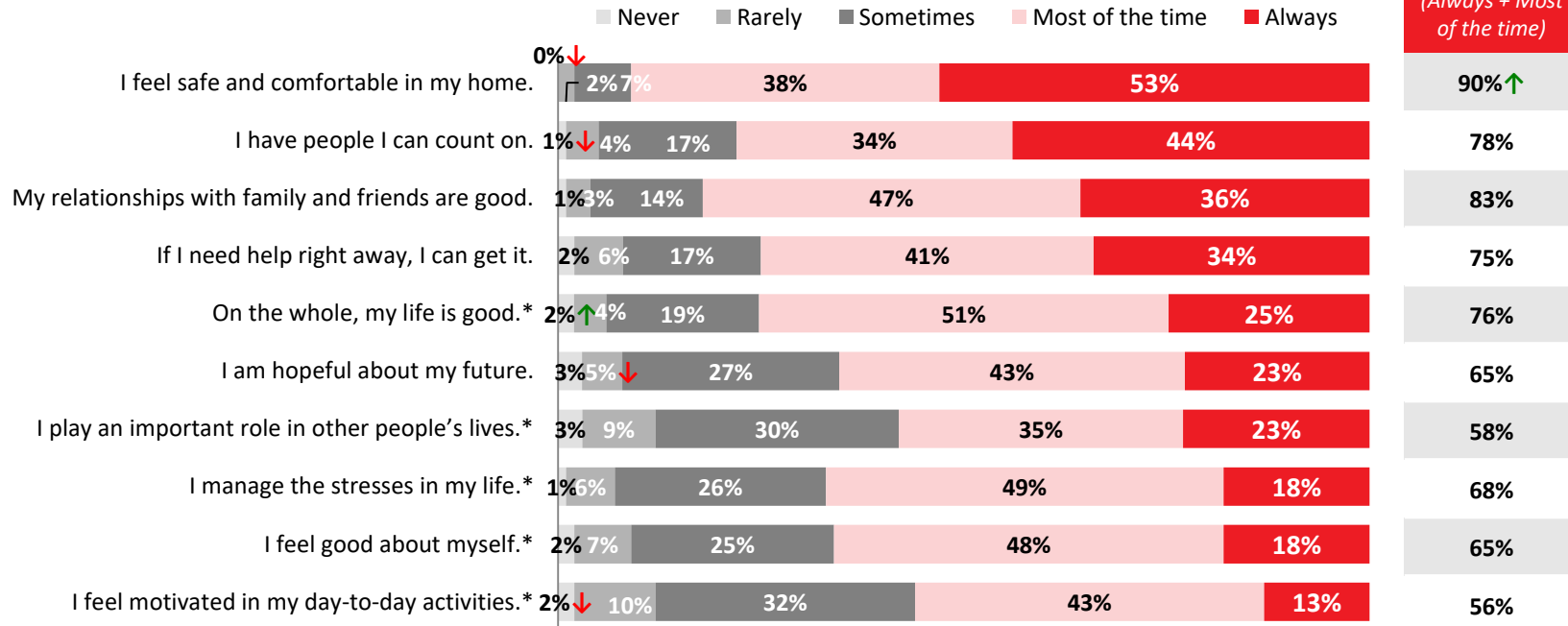|	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
TOTAL	93%	93%	93%	94%
Vulnerable Seniors	91%	92%	90%	94%
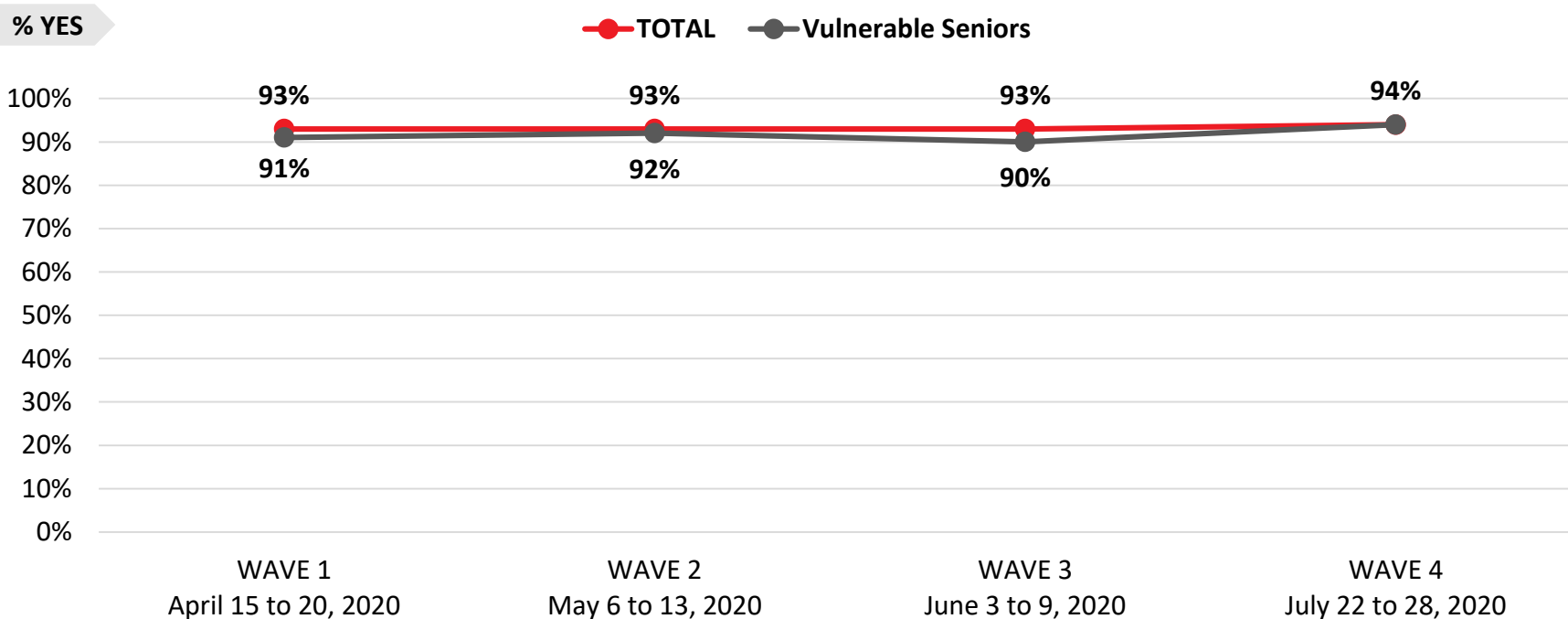
CURRENT LIFE CIRCUMSTANCES

Q8 – Next, consider how you feel about your current life circumstances. Please respond according to how often each statement is true for you.

For each statement, please answer with one of the following choices.

Base: All respondents (n=2,201)

Legend: Never | Rarely | Sometimes | Most of the time | Always

NET YES *(Always + Most of the time)*

Statement	Never	Rarely	Sometimes	Most of the time	Always	NET YES
I feel safe and comfortable in my home.	0%↓	2%	7%	38%	53%	90%↑
I have people I can count on.	1%↓	4%	17%	34%	44%	78%
My relationships with family and friends are good.	1%	3%	14%	47%	36%	83%
If I need help right away, I can get it.	2%	6%	17%	41%	34%	75%
On the whole, my life is good.*	2%↑	4%	19%	51%	25%	76%
I am hopeful about my future.	3%	5%↓	27%	43%	23%	65%
I play an important role in other people's lives.*	3%	9%	30%	35%	23%	58%
I manage the stresses in my life.*	1%	6%	26%	49%	18%	68%
I feel good about myself.*	2%	7%	25%	48%	18%	65%
I feel motivated in my day-to-day activities.*	2%↓	10%	32%	43%	13%	56%

* New statement for W3

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CURRENT LIFE CIRCUMSTANCES
BY PROVINCE, AGE AND AMONG VULNERABLE SENIORS

Leger

Q8 – Next, consider how you feel about your current life circumstances. Please respond according to how often each statement is true for you.

For each statement, please answer with one of the following choices.

Base: All respondents (n=2,201)

% NET YES *(Always + Most of the time)*	TOTAL	PROVINCE						AGE					VS	
		BC	AB	SK/MB	ON	QC	ATL.	18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	286	195	151	823	599	147	272	407	331	885	306	204	1,997
I feel safe and comfortable in my home.	90%↑	90%	88%	93%	88%↑	96%	87%	81%	93%↑	93%	95%	96%	88%	90%↑
My relationships with family and friends are good.	83%	82%	81%	84%	79%	89%	84%	71%	82%	90%	90%	92%	81%	83%
I have people I can count on.	78%	73%	73%	80%	75%	84%	83%	70%	74%	84%	85%	90%	71%	78%
On the whole, my life is good.*	76%	78%	67%	78%	68%	88%	79%	67%	72%	79%	88%	89%	63%	76%
If I need help right away, I can get it.	75%	74%	67%	75%	73%	82%	77%	67%	73%	77%	85%	88%	68%	75%
I manage the stresses in my life.*	68%	62%↓	70%	68%	66%	72%	69%	52%	63%	76%	85%	90%	76%	67%
I feel good about myself.*	65%	63%	54%	65%	64%	75%	66%	50%	63%	72%	79%	86%	57%	66%
I am hopeful about my future.	65%	61%	59%	67%	62%	76%	68%	56%	63%	71%	75%	77%	50%	66%
I play an important role in other people's lives.*	58%	56%	58%	55%	58%	62%	57%	48%	62%↑	65%	58%	56%	25%	59%
I feel motivated in my day-to-day activities.*	56%	53%	50%	56%	52%	68%	56%	44%	53%	62%	70%	74%	36%	57%

* New statement for W3

CURRENT LIFE CIRCUMSTANCES

WAVES 1, 2, 3 & 4 | AMONG ALL RESPONDENTS

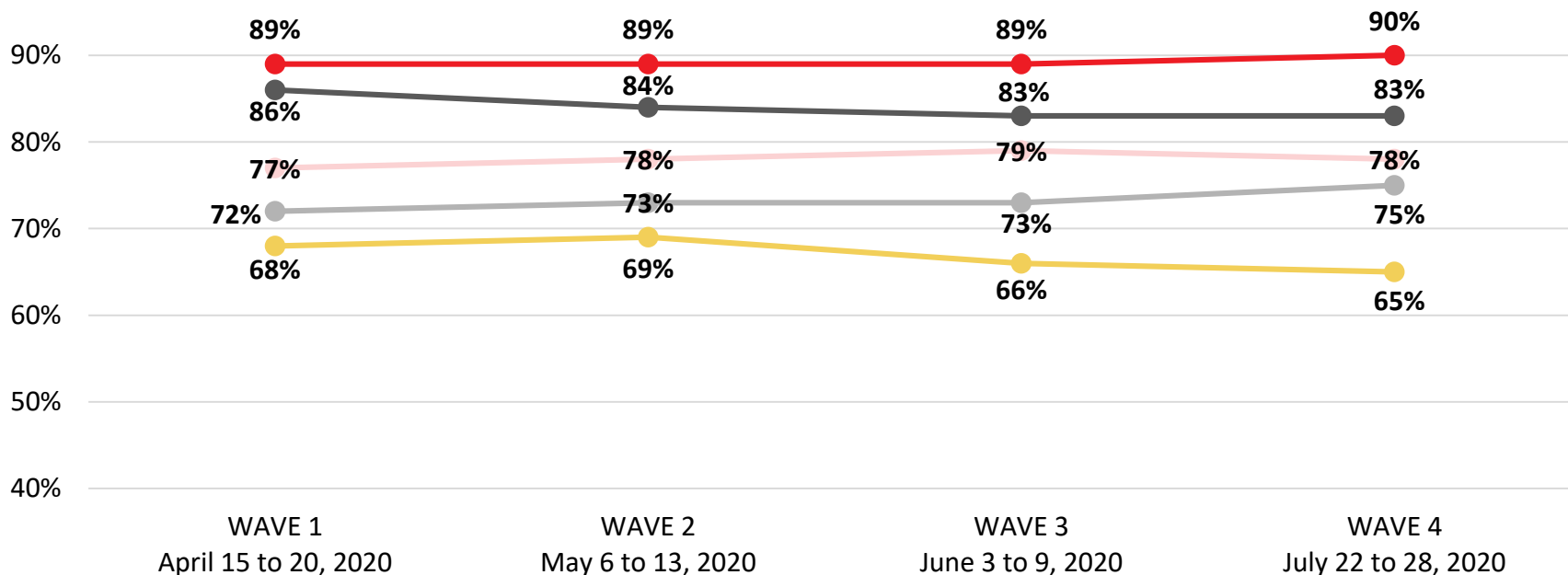**Q8 – Next, consider how you feel about your current life circumstances. Please respond according to how often each statement is true for you.**

For each statement, please answer with one of the following choices.

Base: All respondents (W1=2,220, W2=2,264, W3=2,280, W4=2,201)

% NET YES *(Always + Most of the time)*

- ● I feel safe and comfortable in my home.
- ● My relationships with family and friends are good.
- ● I have people I can count on.
- ● If I need help right away, I can get it.
- ● I am hopeful about my future.

|	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
I feel safe and comfortable in my home.	89%	89%	89%	90%
My relationships with family and friends are good.	86%	84%	83%	83%
I have people I can count on.	77%	78%	79%	78%
If I need help right away, I can get it.	72%	73%	73%	75%
I am hopeful about my future.	68%	69%	66%	65%

CURRENT LIFE CIRCUMSTANCES

WAVES 1, 2, 3 & 4 | AMONG VULNERABLE SENIORS

Q8 – Next, consider how you feel about your current life circumstances. Please respond according to how often each statement is true for you.

For each statement, please answer with one of the following choices.

Base: Vulnerable Seniors (W1=71, W2=200, W3=200, W4=204)

% NET YES *(Always + Most of the time)*

- ● **I feel safe and comfortable in my home.**
- ● **My relationships with family and friends are good.**
- ● **I have people I can count on.**
- ● **If I need help right away, I can get it.**
- ● **I am hopeful about my future.**

	WAVE 1 April 15 to 20, 2020	WAVE 2 May 6 to 13, 2020	WAVE 3 June 3 to 9, 2020	WAVE 4 July 22 to 28, 2020
I feel safe and comfortable in my home	88%	92%	89%	88%
My relationships with family and friends are good	85%	81%	77%	81%
I have people I can count on	68%	72%	70%	71%
If I need help right away, I can get it	68%	77%	68%	68%
I am hopeful about my future	47%	51%	48%	50%

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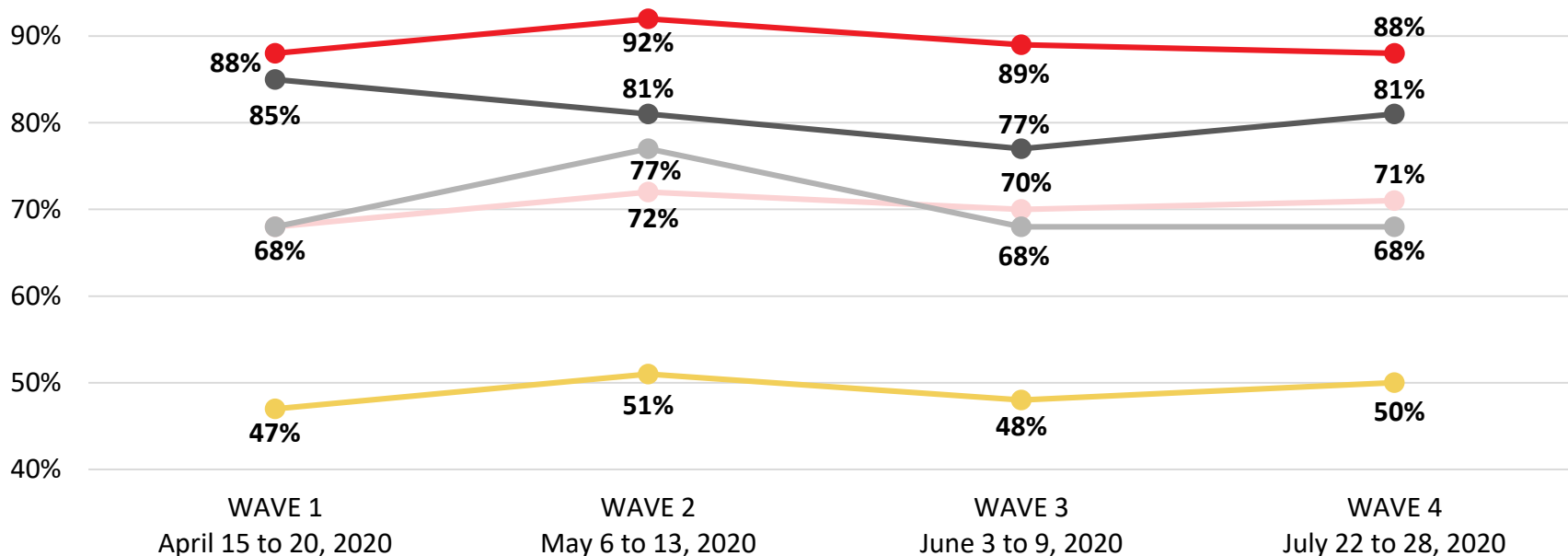
HIGHEST NUMBER OF ALCOHOLIC DRINKS IN A "SINGLE SITTING" IN THE <u>LAST 14 DAYS</u>

Q9A – In the last 14 days, what is the highest number of alcoholic drinks you had in a "single sitting"?*
Base: All respondents (n=2,201)
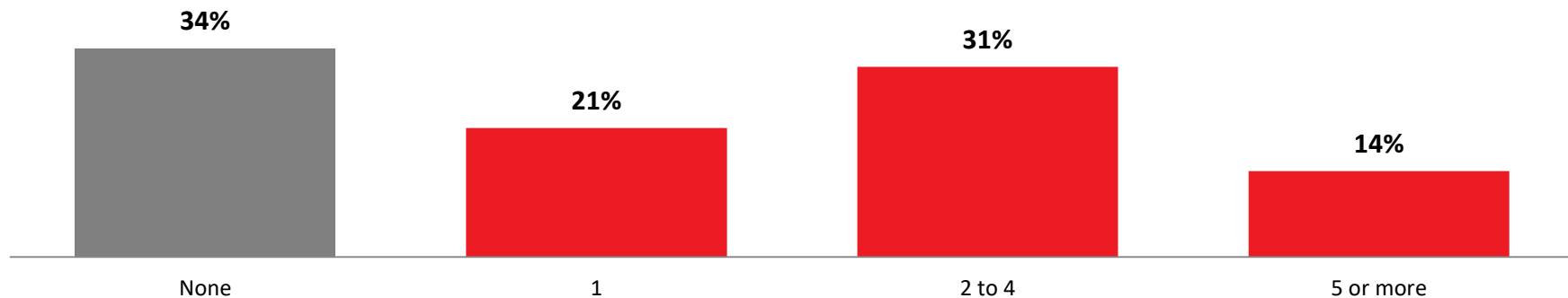
	TOTAL	PROVINCE						AGE					VS	
		BC	AB	SK/MB	ON	QC	ATL.	18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	286	195	151	823	599	147	272	407	331	885	306	204	1,997
None	34%	25%↓	31%	39%	39%	28%	41%	32%	32%	31%	35%	47%	57%	33%
1	21%	27%	27%	13%↓	21%	16%	21%	19%	19%	21%	23%	30%	17%	21%
2 to 4	31%	31%	30%	28%	28%	38%	29%	31%	33%	32%	33%	20%	20%	31%
5 or more	14%	16%↑	13%	20%↑	11%	19%	9%	18%	15%	16%	8%	4%	6%	14%

* New question for W3

ALCOHOL CONSUMPTION IN THE <u>LAST 14 DAYS</u> VS IN A TWO WEEK PERIOD <u>BEFORE COVID-19</u>

Q9B – Was your alcohol consumption in the past 14 days higher, the same or lower than in an average two week period prior to the COVID-19 pandemic?*
Base: Those who consumed alcoholic drinks in the last 14 days (n=1,443)

DIFFERENTIAL INDEX**
(% Higher - % Lower)

+9

67%↑   21%↓   12%

Higher   The same   Lower
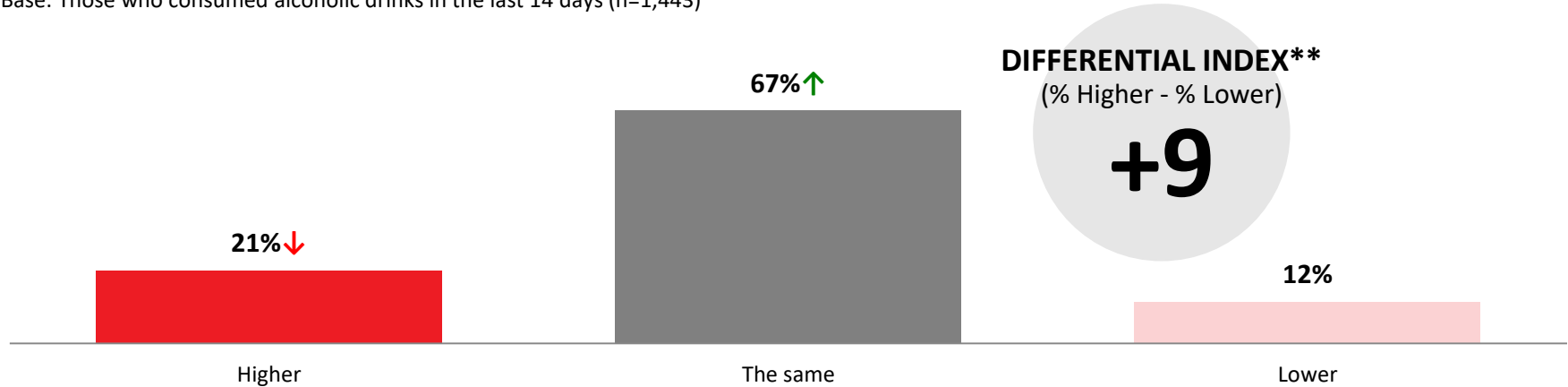
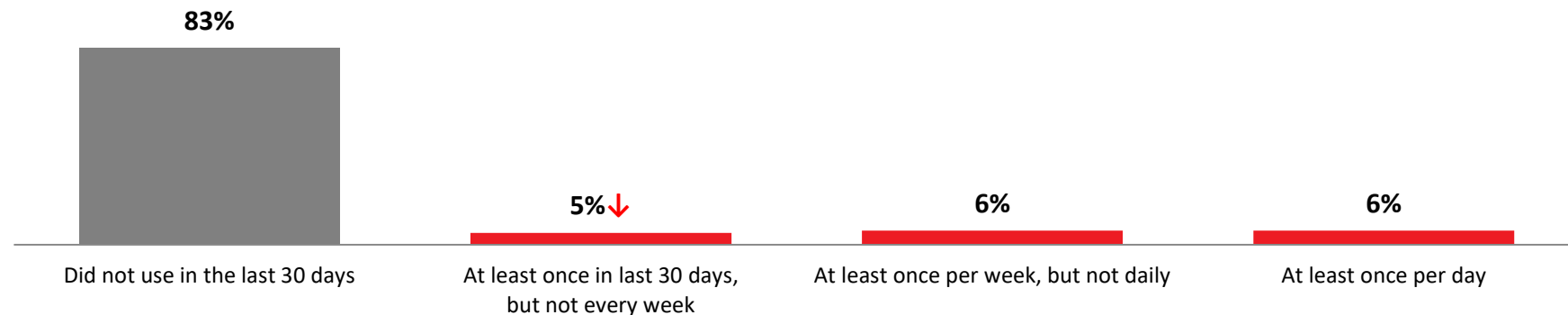|		PROVINCE						AGE					VS	
	TOTAL	**BC**	**AB**	**SK/MB**	**ON**	**QC**	**ATL.**	**18-34**	**35-54**	**55-64**	**65-74**	**75+**	**YES**	**NO**
n=	*1,443*	*199*	*121*	*94*	*527*	*412*	*90*	*189*	*276*	*231*	*565*	*182*	*101*	*1,342*
Higher	21%↓	25%	19%↓	34%	18%↓	22%	15%	26%	21%↓	26%↑	13%	7%	20%	21%↓
The same	67%↑	63%	67%	58%↓	70%↑	68%	67%	59%	69%↑	63%	77%	79%	66%	67%
Lower	12%	12%	14%	9%	12%	10%	19%	15%	10%	11%	10%↑	15%	15%	12%

* New question for W3
** A positive index indicates that Canadians consumed more alcohol in the past 14 days than in an average two-week period prior to the COVID-19 pandemic.

CANNABIS USE IN THE <u>LAST 30 DAYS</u>

Q10A – In the last 30 days, how often did you use any cannabis products?*
Base: All respondents (n=2,201)

83% — Did not use in the last 30 days

5%↓ — At least once in last 30 days, but not every week

6% — At least once per week, but not daily

6% — At least once per day

|	TOTAL	PROVINCE						AGE					VS	
		BC	AB	SK/MB	ON	QC	ATL.	18-34	35-54	55-64	65-74	75+	YES	NO
n=	2,201	286	195	151	823	599	147	272	407	331	885	306	204	1,997
Did not use in the last 30 days	83%	77%	81%	88%	84%	83%	82%	73%	81%	88%	93%	95%	88%	83%
At least once in last 30 days, but not every week	5%↓	9%	1%↓	4%	5%	5%	5%	11%	4%	3%	2%	-	2%	5%↓
At least once per week, but not daily	6%	8%	10%	1%	6%	4%	4%	7%	8%	4%	3%	1%	6%	6%
At least once per day	6%	6%	7%	7%	5%	7%	9%	8%	8%	4%	3%	4%	5%	6%

* New question for W3

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CANNABIS USE IN THE LAST 30 DAYS VS IN A ONE MONTH PERIOD BEFORE COVID-19

Q10B – In the last 30 days, did you use any cannabis products more often, as often (no change) or less often than in an average one month period prior to the COVID-19 pandemic?*
Base: Those who used a cannabis product in the last 30 days (n=**265**)**

DIFFERENTIAL INDEX*
(% More often - % Less often)

+10

More often	As often (no change)	Less often
24%	61%	15%
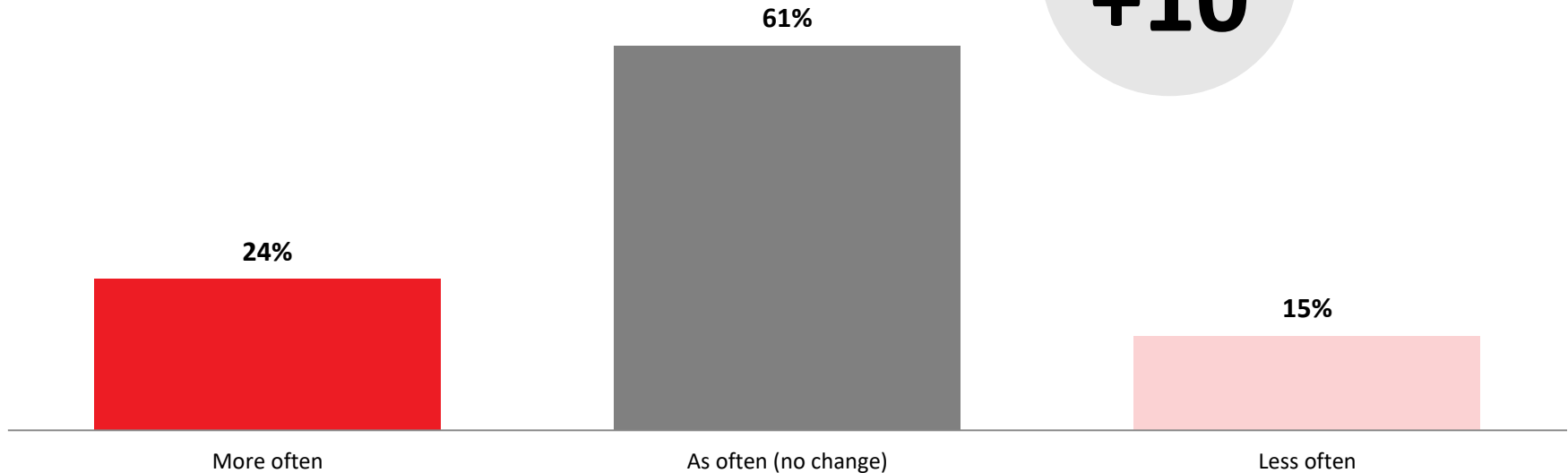
* New question for W3 / ** Because of the small sample size, results are not presented by province, age and among vulnerable seniors.
*** A positive index indicates that Canadians used cannabis products more often in the past 30 days than in an average one-month period prior to the COVID-19 pandemic.

RESPONDENT PROFILE

RESPONDENT PROFILE

GENDER	n=	TOTAL*
Male		49%
Female		51%

AGE	TOTAL*
18-34 year-olds	24%
35-54 year-olds	37%
55-64 year-olds	17%
65-74 year-olds	12%
75 years and older	9%

PROVINCE	TOTAL*
British Columbia	14%
Alberta	11%
Manitoba / Saskatchewan	7%
Ontario	38%
Quebec	23%
Atlantic	7%

REGION	TOTAL*
Quebec	23%
Rest of Canada (ROC)	77%

AREA TYPE	TOTAL*
Urban	90%
Rural	10%

MOTHER TONGUE	n=	TOTAL*
French		20%
English		65%
Other languages		14%

ETHNIC ORIGIN	TOTAL*
Caucasian (white)	80%
Aboriginal / First Nations	1%
Black	2%
Chinese	5%
Other	10%

CHILDREN IN THE HOUSEHOLD	TOTAL*
Yes	28%
No	72%

LIVING SITUATION	TOTAL*
Alone	21%
With spouse / partner only	31%
With spouse / partner and other(s)	28%
With child(ren) (no spouse / partner)	5%
With parent(s) or guardian(s)	9%
With sibling(s)	1%
With other relative(s)	2%
With nonrelative(s)	2%

VULNERABLE SENIOR	n=	TOTAL*
Yes		2%
No		98%

EDUCATION	TOTAL*
Elementary / High school	30%
College	43%
University	27%

OCCUPATION	TOTAL*
Office / services / sales	23%
Manual worker	9%
Professional	20%
Homemaker	4%
Student	6%
Retired	28%
Unemployed	4%

HOUSEHOLD INCOME	TOTAL*
Less than $40K	22%
$40K-$59K	15%
$60K-$79K	15%
$80K-$99K	15%
$100K-$149K	15%
$150K +	8%

All TOTAL* columns: n= 2,201

* The complement to 100% is "I prefer not to answer" and "Other".

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