

Household Emergency Plan Instructions

This plan is a way to make sure everyone in your household is informed and prepared if an emergency happens. Here are some things to keep in mind when creating your household's emergency plan:

Who:

Include everyone who lives in your house with you.

What:

In the Household Emergency Plan booklet, write down all the important information about yourself and the people in your house. Then talk through a plan on how you will evacuate your house, where everyone will meet, and other steps to make you prepared.

When:

The best time to work on this is when everyone in your household is together. Consider working on it over dinner, or on the weekend.

Where:

When this plan is filled in, keep it on your fridge so that it is easily accessible by your family or any emergency service personnel.

Why:

It is important that when the time comes, everyone in your household knows what to do in an emergency. Having a plan increases everyone's safety and can reduce your stress in an emergency.

How:

Start by taking the time to read through the booklet and fill in any information you know.

Next, figure out the best time to gather everyone in your household together so you can fill in the blanks and talk through some of those planning pieces.

If you have the time, you can also practice evacuating your house and quizzing everyone on the emergency plan.